



# Trauma+EMS News

January 2022

From the Trauma and Acute Care Surgery Section, and Emergency Service at Westchester Medical Center

**Steven Lansman, MD, Interim Chair and Director, Department of Surgery**

## Adult – Trauma

The Westchester Medical Center (WMC) Trauma Program will offer a cadaver-based trauma anatomy and surgical techniques course on January 10 and 12 at the New York Medical College anatomy lab. This class is for trauma residents and fellows, and will be observed by several ALS-EMS providers through WMC's CME program.

### Did You Know?

The most recent Trauma Quality Improvement Program Report (TQUIP) of the American College of Surgeons (Fall 2021) reports that our Level 1 Adult Trauma Center ranks in the top 10% for risk-adjusted outcomes for all trauma patients.

**Kartik Prabhakaran, MD**, Trauma Medical Director, has been selected to serve on the Multi-Institutional Trials Committee.

**Peter Rhee, MD**, Chief, Section of Acute Care Surgery and Trauma, has been elected to serve on the Acute Care Surgery Committee of the American Association for the Surgery of Trauma.

Along with Drs. Prabhakaran and Rhee, **Joshua Klein, DO**, Trauma Surgery attending and lead author, has received acceptance by the *Trauma Surgery & Acute Care Open* journal for a recent manuscript entitled, "Firearms: The Leading Cause of Years of Potential Life Lost."

## Emergency Department – EMS

### Did You Know?

According to the Centers for Disease Control and Prevention (CDC), trauma is a leading cause of death for ALL age groups. And, EMS plays a vital role in the pre-hospital management and care of trauma patients prior to arrival at the Emergency Department. This all starts with your detailed trauma assessment and evaluation followed by the proper (and prompt) treatment, care and transport to the most appropriate (and closest) trauma center.

Remember, during the winter months we see an uptick in motor vehicle accidents and winter sports-related injuries, as well as "environmental" cold emergencies such as frostnip, frostbite and hypothermia! Are you ready to successfully manage these patients this winter? Be sure to visit <http://wremsco.org/protocols/> for the latest updates.



## Pediatrics – Trauma

### Did You Know?

Winter time is here and that means kids will be outdoors enjoying the snow and cold! Keeping them safe is the goal. Safe Kids World-wide reminds us of a few winter safety tips to help keep them active, healthy and safe!

❄️ Dress kids in warm clothing and use sunscreen. It's also a good idea to have kids come indoors periodically to prevent hypothermia or frostbite – hot chocolate and marshmallows is always a good lure.

❄️ Use appropriate and properly fitted sports gear to prevent and reduce severity of injuries. Shin guards, mouth guards and especially helmets are for hockey and other winter sports such as skating, skiing and snowboarding.

❄️ Encourage kids to drink plenty of water before, during and after play. Compared to adults, children are at increased risk of dehydration, which can happen even in winter's cold temperatures.

❄️ Wearing bulky clothes or winter coats can prevent a snug fit when a child is in a car seat or harness. Your child is securely snug **only after** you adjust the harness while your child's coat is off, then put the coat on and re-buckle.

## WMCHealth – CME Schedule

Below is the WMC-CME schedule for Q1-2022. For additional information contact: [marc.musicus@wmchealth.org](mailto:marc.musicus@wmchealth.org).

January 10 and January 12, 2022

Advanced Airway Lab\*\*

January 26, 2022

OB-GYN Emergencies

February 12, 2022

WMC Burn Symposium\*

February 24, 2022

Pediatric Psychiatry Emergencies

March 30, 2022

Neurology Symposium\*

\*Denotes 3-hour CME \*\*ALS Only